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## **Professional Summary**

*Chiropractic Doctor with a strong commitment to healing and treating clients while enabling them to recover and lead strong, healthy lives with their fullest potential.*

### **PROACTIVE HEALTH IN ACTION**

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Proven talent providing quality health and wellness services to patients suffering from a wide range of conditions due to accidents, injuries, back pain, and chronic pain. Results-focused chiropractic leader with expertise spanning chiropractic, acupuncture, sports medicine, and kinesiology. Exceptional chiropractic doctor with keen interpersonal, communication, and organizational skills, as well as the desire to improve all areas of his patients lives, searching for the underlying causes of discomfort and pain suffered in order to effectively treat patients.

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## **PROFESSIONAL EXPERIENCE**

**GARRETT DOWNTOWN CHIROPRACTIC, SAN DIEGO, CALIFORNIA, 2010-current**

**SAN DIEGO ATHLETIC CLUB, CALIFORNIA, 2004-2009**  
WELLNESS DIRECTOR AND OWNER

Specializing in Chronic pain alleviation as well as Sports Performance with Traditional Chiropractic treatment, combined with Sports specific exercise protocols in addition to preventative medicine.

**SCRIPPS RANCH AMBULATORY SURGICAL CENTER, Escondido, Ca 2002-2005**

Administer Manipulative and Adjustive procedures for Failed Back Surgery Syndrome as well as chronic back, neck pain and chronic headaches.

**SAN DIEGO PAIN & REHABILITATION MEDICAL GROUP,**  
1995-2004 CLINIC DIRECTOR

- Manage operations, administer treatment and oversee treatment plan implementation for multi-disciplinary facility. Wide spectrum of health care, including treatment of sports, automobile and work related injuries, low back and neck pain, TMJ, and headaches.
- Specializing in soft tissue injuries, pain management, rehabilitation, nutritional guidance, and permanent impairment ratings.

**ADVANCED CHIROPRACTIC CARE, SANDIEGO, CA 1986-**  
1995 CHIROPRACTOR

- Family practice specializing in holistic health care, with emphasis on chronic lower back and neck pain, sports injuries, automobile and work related accidents. Additional focus on homeopathic, herbal and nutritional supplementation, acupuncture therapy, Applied and Clinical Kinesiology.

**SPORTS CHIROPRACTOR, SAN DIEGO, CA-1986-Present**

**TEAM DOCTOR**

SOUTHWESTERN MARTIAL ARTS ASSOCIATION, SAN DIEGO, CA 1989-Present

**EVENT DIRECTOR**

CALIFORNIA STATE GAMES, SAN DIEGO, CA 1995

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KARATE REGIONAL EVENTS, USA, ASIA, AND BRASIL 1986-Present  
UNITED STATES MARINE CORPS-FIGHTING TEAM, CAMP PENDLETON, OCEANSIDE, CA 2011-2014

**INSTRUCTOR, 1988-Present**

**PERSONAL INJURY SEMINARS**

- Documentation & Impairment Guidelines

**WORK SAFETY LECTURES**

- Work-Related Injury Prevention Strategies

**SEMINARS**

- Increasing Sports Performance, Injury Prevention, Introduction to Sports Kinesiology

**EXPERT WITNESS**

- Independent Chiropractic Examiner, Patient Advocacy  
Soft Tissue Injury Documentation based on the A.MA Guides of Permanent Impairment
- Adjunct Faculty, International College of Kinesiology, 1990-1994

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**EDUCATION AND CREDENTIALS**

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DOCTOR OF CHIROPRACTIC (D.C.)

*Life Chiropractic College West, Hayward, California*

MASTER OF ARTS (M.A.) IN SPORTS CHIROPRACTIC

*Intercontinental University*

BACHELOR OF ARTS (B.A.) IN BIOLOGY

*Intercontinental University*

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**CERTIFICATIONS**

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**BOARD CERTIFIED FELLOW**

International Academy of Clinical Acupuncture, 1993  
American Association of Integrated Medicine, College of Pain Management, 2003

**BOARD CERTIFIED DIPLOMATE**

American Academy of Pain Management, 1991  
American Board of Disability Analysts, 1996  
American Clinical Board of Nutritionists 1996  
International College of Applied Kinesiology, 1994  
American Association of Integrated Medicine, 2003  
America Board of Functional Medicine 2009  
American Chiropractic Board of Nutrition-2008

**CERTIFIED IMPAIRMENT EVALUATOR**

Medical Management Consultants, Inc., 1993

**CERTIFIED CHIROPRACTIC SPORTS PHYSICIAN**

American Chiropractic Association Council on Sports Injuries and Physical Fitness, 1993

**CERTIFIED CLINICAL NUTRITIONIST**

Clinical Nutrition Certification Board, 1996

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**Certified:**

Dr. Jeff Blanchard's Academy of Golf 2002  
International Temporal Mandibular Dysfunction Association  
Manipulation under Anesthesia  
Neuro-Emotional Technique

**DIAGNOSTIC ULTRASONOGRAPHER**

American Institute of Musculoskeletal Diagnostic Ultrasound

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**AWARDS AND HONORS**

- Tae Kwon Do & Karate, 1990, 1991 1992, *Presidential Sports and Fitness Awards*
- Third Degree Black Belt, *American Freestyle Karate*
- Fourth Degree Black Belt, *World Tae Kwon Do Federatior (IOC Certified)*
- Sixth Degree Black Belt, Shihan Award, GM Master Victor Hughes  
Doctor of Martial Arts Medicine (Hon), *USA Martial Arts Hall of Fame-2014*

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**PUBLICATIONS**

"The Effects of Applied Kinesiology Fixation Protocol on Static Paraspinal Electromyography"  
*Proceedings International College of Applied Kinesiology, 1993*

"The Effects of Applied Kinesiology Cranial-Sacral Corrections on Static Paraspinal Electromyograph",  
*Proceedings International College of Applied Kinesiology, 1993*

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**PROFESSIONAL AFFILIATIONS**

United States Sports Chiropractic Federation  
American Academy of Pain Management  
American Association of Integrated Medicine  
Price-Pottinger Nutrition Foundation  
American Institute for Ultrasound in Medicine  
Interdisciplinary Temporal Mandibular Dysfunction Association  
International Association of Functional Neurology and Rehabilitation  
International College of Applied Kinesiology  
National Health Foundation  
San Diego Martial Arts Society  
California Director, Martial Arts Alliance  
Extreme Buda-Executive Board

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**CALIFORNIA BOARD OF CHIROPRACTIC EXAMINERS LICENSE: 17686**

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